



# Bala FC Playing Time Guidelines

No player should ever be selected on a club team that will not see match minutes.

**Not all players will have equal playing time but they will have equal opportunities.**

This fosters a healthy desire/drive for player to earn more minutes over time.

Coach's job is easy when it comes to playing time. There are no favoritism, it is all based on our following 11 elements:

- 1. Attendance/Commitment**
- 2. Attitude/Body Language**
- 3. Energy (Practice, Pre-Game, Game, Post Game)**
- 4. Effort (Practice & Games)**
- 5. Execution (Performance)**
- 6. Endurance**
- 7. Consistency with basics and progress**
- 8. Understanding Expectations of the position**
- 9. Sportsmanship/Respect**
- 10. Leadership/Communication**
- 11. Progress/Growth**

Decisions are also made based on opponent's strength, style.

Decisions are also made based on new formation, players injured, missing, sick.

If player or a parent is struggling with understanding why more minutes are not given to a player, don't complain or be upset, the best thing to do is to tell your player to approach the coach after a practice and also show them the 11 elements. Blaming a coach at home or car rides does not help your player earn more minutes or help player respect the development process. Parents MUST be realistic with where their player's level of play is within the team. Coming to games to time minutes of play for your son or daughter is a sign of not understanding club soccer with a development component. All players at Bala FC is treated **EQUALLY** when it comes to coaching, training, and opportunities. Don't measure progress based on minutes played. Our program is a **FULL YEAR** development program. Some players will take **LONGER** to advance and progress their level of play. If playing time is the most important element for club soccer, we will help you place your son/daughter at another club at a lower level or perhaps a club that **NEEDS** more players to fill their roster. You may get more playing time, but will you get development training? Proven Training Methodology?

Environment for growth and leadership? We hope so. We are transparent with our decision making on playing time at Bala FC.